



Joely Williams, Author and awarded Autism Advocate. Multiple world/national awards for speeches and associated advocacy

10:30 am

Autism Acceptance, Gaslighting and Thriving as a Disabled Women

World awarded, Autistic and disabled insights into thriving as an autistic woman:

- Uncover the heart-breaking truth of unintentional Gaslighting
- discover the hidden challenges to overcome with an invisible disability, including stereotypes and ambulatory wheelchair use, and the detrimental impact of masking and shutdowns of physical capabilities.
- Be inspired by a 'power of yet' mindset and redefine autism quirks & gifts while challenging misconceptions

On completion, we hope you will gain an in-depth personal account of thriving as an autistic and disabled person

AspergerWorld. - Stand number V14

11:30 am

Night Time Positioning for Children with Complex Disabilities: Clinical Reasoning, Application and Evidence for Sleep Systems

This seminar covers sleep systems and the clinical reasoning, evidence and potential benefits for children with complex disability. We will also be discussing important factors to consider when choosing a sleep system, highlighting the delicate balance of maintaining or improving sleep quality whilst using a sleep system for these children and their carers, and discuss strategies for successful implementation into the home environment.

Jiraffe - Stand number E16



Kieran Murphy, Clinical Partnerships Manager



Davina Richardson - RGN/RSCN, BSc (Hons), Specialist children's continence nurse.

1:00 pm

Top Tips for Toilet Training

Many families need support to introduce their children to the skills that children need to learn to use the toilet. This is even more likely to be the case when children have physical, learning or developmental disabilities or sensory differences. This session is designed to help families and professionals know when and how to start working on the skills needed for children to successfully toilet train. It will include practical strategies, aim to address some of the difficulties, including when children do not sustain progress. Suggestions for useful resources will also be provided.

Bladder & Bowel UK - Stand number E1

2:00 pm

Introduction to Independent Travel Training

The seminar outlines the benefits that students with special education needs can gain through travelling independently; this includes road safety skills, social skills, time management, money management and other key life skills. The seminar also explains the importance of the safeguarding measures that must be in place as well as the admin side of training; what essential paperwork must be created and guidelines on what to cover with school and parent.

Solihull Metropolitan Borough Council - Stand number G6



Georgia Fussell, Travel Options Assessment Officer.



Emma Davies, Chartered Legal Executive and Senior Associate (Public Law)

3:00 pm

EHCPs and the Special Educational Needs and Disability Tribunal

We will be covering the Education, Health and Care Plan procedure, and appeals to the Special Educational Needs and Disability Tribunal. The session will cover the basics for those who are new to the system and will include advice for those who are more experienced in this area. We will also look at some of the common myths and misconceptions surrounding the law and procedure in relation to children and young people with special educational needs and EHCPs.

Simpson Millar LLP - Stand number B11

Free CPD seminars



The CPD Certification Service

Seminar Room 2 – Directors Lounge

10:30 am



Kate Sheehan, Director and Occupational Therapist

Managing bathing posture to support engagement and safety

Bathing can be important to people for a variety of different reasons, whether it be to benefit relaxation, sleep, play, or relationships. However, following a client centred and holistic bathing assessment, that identifies bathing as meaningful, the practicalities of making that a reality, particularly for someone with postural needs, can seem daunting and challenging. This session looks to consider the theory behind bathing posture, linked to functional engagement, safety and long-term health and well-being. Practical demonstration of product will be used to reinforce this learning and reflect on opportunities to meet this clinical and functional challenge. There will also be an opportunity to discuss individual challenges both within the session and on-stand.

Abacus Specialist Bathroom Solutions - Stand number E10

11:30 am

Learning to Drive - How to get started

The seminar will provide information on the steps to becoming a full licence holder, Driving Mobility assessment centres, vehicle adaptations and leasing through the Motability scheme.

At the end of the seminar the participant will have:

- The information to start the licence application
- Information on where to obtain an assessment to evaluate their potential to learn to drive-cognitively and physically
- Advice on potential adaptations to a vehicle,
- Details of the Motability scheme and specialist driving instructors.
- The DVSA theory and practical test. What to expect and special accommodations available.



Driving Mobility

**Mary Yates, Occupational Therapist,
Driving Mobility/Regional Driving
Assessment Centre**

Driving Mobility - Stand number V20

1:00 pm



The Sex Factor (Relationship & Sex Education training)

Chailey Heritage Foundation is one of the UK's leading centres for children and young people with complex neurodisabilities. There is a general misconception that Relationship & Sex Education (RSE) is not needed for these children and young people and we have found limited adapted RSE for them to learn, stay safe, understand their bodies, relationships and sexuality in full. We have developed a unique way of teaching this difficult subject and have created a user-friendly toolkit consisting of training sessions and resources for teachers and staff to deliver quality RSE to this group of youngsters.

Paula Marten, Assistant Head, Chailey Heritage Foundation

2:00 pm

Supporting Children & Young Adults With Property and Financial Deputyships

This seminar is aimed for those who care for or support a child who has a degenerative, physical or mental illness and may require additional support as they transition to adulthood. We will talk through how a family member or a professional may wish to become a Deputy to help manage Property and Financial Affairs, including capacity. Deputyships allow someone in a trusted position to be responsible for a vulnerable person's decisions; a process of applying to be a Deputy can be difficult to understand, confusing and stressful. Our experts will explain this process and how families and professionals can protect what matters most.

Irwin Mitchell - Stand number F14

3:00 pm



Gemma Eason, Senior Associate



**Mahesh Shenoy, Area Sales
Manager & Immedia
Business Development.**

Improving outcomes for positioning and repositioning in bed

This seminar looks at how when repositioning cushions and in-bed repositioning systems are combined, a proportionate level of care can be achieved which benefits the child or young adult and their carer/s. It considers different types of users whether their needs are simple or complex, physical, or sensory and shows techniques for repositioning and positioning in bed.

Objectives:

- Understand the benefits of using in-bed systems and positioning cushions
- Know what type of cushion to use when i.e., lateral, and supine positioning
- Learn different techniques which can help with: pain and pressure relief, spasticity and contractures, increasing ventilation for children with respiratory problem, reduce anxiety and agitation.

Etac - Stand number F10

Organised by The Kidz to Adulthood Team at Disabled Living